Hacking Your Mind

Episode Guide

Episode 101: Your Life on Auto-Pilot
Explores the startlingly new discovery that we humans make many of our decisions as if we were on "auto-pilot," and why, though that's essential to our survival, it can lead everyone from average people to experts to make predictable mistakes, including being biased toward people of a different race, a different age, a different gender.

Episode 102: Weapons of Mass Persuasion
Explores why it's so incredibly easy for others to "hack" our auto-pilot decisions, so we'll automatically do, not what's good for us but good for them, how everyone from marketers to politicians does it, and what you need to know to protect yourself from the hackers.

Episode 103: Us Versus Them
Explores how much of divisiveness in America today has its roots in the way in which our auto-pilot biases distort how we see both "us" and "them," how social media companies are using that to enrich themselves, how authoritarians are using it to control us, and how we can start to see both "us" and "them" as we really are.

Episode 104: The Wings of Angels
Explores a revolutionary new discovery: that the auto pilot decisions we make are literally contagious to others, and how, even as China is using that discovery to control a billion people, we, the citizens of a democracy, can use it to embrace "the better angels of our nature" and revitalize our nation.

APT WORLDWIDE * 55 Summer Street, Boston, MA 02110, USA
Judy_Barlow@aptonline.org * Kevin_McKenna@aptonline.org * Tom_Davison@aptonline.org

APTWW.ORG