Laura Theodore

About

Laura Theodore is an award-winning television personality, popular radio host, vegan chef, compassionate cookbook author, award-winning jazz singer and actor. She is the author of Jazzy Vegetarian Classics: Vegan Twists on American Family Favorites and Jazzy Vegetarian: Lively Vegan Cuisine Made Easy and Delicious. She hosts a weekly podcast radio show, "Jazzy Vegetarian Radio," now in its sixth year. Laura has made guest appearances on all the major U.S. networks and has been featured in The New York Times, USA Today, New York Daily News, New York Post, VegNews, Family Circle, PBS Food, Vegetarian Times, Readers Digest, JazzTimes, Variety, and Time Magazine, among others. As an award-winning jazz singer and songwriter, she has recorded six solo CDs, including her disc, "Tonight's the Night," which received a Musician Magazine Award. Her 2009 CD release entitled "Golden Earrings," was selected to appear on the 52nd Grammy Award list in the category of "Best Jazz Vocal Album." Laura has also appeared in over sixty plays and musicals and has been honored with a Backstage Bistro Award and the Denver Critics Drama Circle Award as "Best Actress in a Musical."